

THE BEST BOOT CAMP
IN THE SHIRE IS BACK!

6 WEEKS OF BOOT CAMP ACTION

Who wants to look their best?
Commencing 15th March 2010
BOOK YOUR PLACE NOW!



KINNETIC BOOT CAMP

Getting fit as a group is one of the most cost-effective and successful ways to tone up, lose weight and feel great! Reserve your spot and start your health and fitness transformation today!

What to expect

You will be physically and mentally challenged and put through your paces. Our sessions include fitness testing, running, crawling, push ups, sit ups, pull ups and group challenges.

Our Commitment to you

- We will help you achieve your goals ASAP
- We offer the most up to date fitness regime
- We promise results, whilst keeping it fun and challenging

How it Works

Monday, Wednesday & Friday
5.45am - 6.45am - Roll call 5:30am

Conducted at various Cronulla locations

How Much

Best Value Boot Camp in shire
6 Weeks (3 sessions per week)

Only \$250.00 - Book Now

Book Now & WIN

Complete the registration form & return by the 1st March 2010 to go in the draw to win a \$100.00 Westfield Gift Card. Drawn at the end of the challenge.



Become a Kinnetic Boot Camp Fan

Join the Kinnetic team on facebook by visiting www.kinnetic.com.au and just click the link.



How to Book

Complete the registration form attached or contact Mat Kinnear 0416 748 548 @ mkinnear@kinnetic.com.au

Need More Information

please visit www.kinnetic.com.au or contact us on 0416 748 548



KINNETIC BOOT CAMP



REGISTRATION FORM

Please complete form & fax to 1300 724 089

Name _____
Address _____
Suburb _____ Postcode _____
Email _____
Mobile _____

Price

\$250.00

Payment Methods - Please tick below

Cash

Payable to Mat Kinnear, please call 0416 748 548 to arrange payment.

Cheque

Payable to Kinnetic Pty Ltd

Direct Deposit

ANZ: Kinnetic Pty Ltd

BSB: 012-270

Account: 494 472 082

Ref: BC & Your surname

Credit Card

Please request and complete the credit card authority form.

VISA

Mastercard

Card Number

Expiry Date

Signature _____

Card Holder's Name _____ Date _____

Please note: Payments will appear from Real Coach Pty Ltd which is an affiliate company.

Terms & Conditions

- All payments must be made prior to the commencement of training.
- Kinnetic group fitness programs are conducted regardless of weather conditions.
- The programs are subject to numbers.
- We will confirm your place once the registration form has been received.
- No refunds or transfers will be given once your payment has been received.

Acknowledgement

I, hereby understand that I have read and agree to the above terms and conditions.

Name: _____

Signature: _____

Date: _____

ONCE COMPLETED PLEASE FAX TO

1300 724 089

or mail to PO Box 2532, Taren Point NSW 2229

*Register by
1/3/2010 to go
into the draw
to WIN a \$100
Voucher*



www.kinnetic.com.au